

Non-drug approaches grants

Information for applicants

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
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Parkinson's UK is the largest member-led charitable funder of Parkinson's research in Europe. So far, we've invested over £100 million in ground-breaking research.

Purpose and scope

We want to fund research into non-drug approaches that will play a vital part in helping people living with Parkinson's manage their daily challenges and take control of life living with Parkinson's. There are lots of ways to manage the ongoing issues and challenges of life with Parkinson's. Non-drug approaches are important to people affected by Parkinson's and at some stages of the condition, are of equal or greater importance than pharmacological treatment.

We want to fund creative, innovative research that focuses on what matters most to people living with Parkinson's and that will provide solutions and deliver outcomes to improve quality of life as soon as possible.

In order for you to apply, your application must be a research based project where you are testing your innovation to help people with Parkinson's. We will not accept applications that are purely based on data gathering and evaluation studies. Studies that contain pre clinical testing will also not be accepted.

We're looking for projects that, if successful, have a clear pathway to be made more widely available to people affected by Parkinson's as soon as possible. The proposed plan for the pathway to clinical adoption forms a major part of the grant assessment process.

The focus of this scheme is to improve the quality of life for people affected by Parkinson's in the shorter term. We understand that some projects may be in the early stages of development. In this instance, it is important that applicants provide a detailed description of the practical proposed next steps of the project and its potential impact on people currently living with Parkinson's. Please describe a clear plan and timeline for the pathway to clinical adoption. This forms a major part of the grant assessment process. Successful projects are welcome to apply to future rounds to support the next steps of their project development.

Applicants may wish to consider areas of unmet needs of people affected by Parkinson's. (please see research papers detailing the priorities of people with Parkinson's, including [Port et al., 2021](#) and [Deane et al., 2014](#))

People living with Parkinson's want better treatments and hope for the future now.

Find out more about how people can manage the ongoing issues and challenges of [life with Parkinson's](#).

Details of the scheme

We're keen to receive applications from researchers working in the following areas, related to Parkinson's. This is not an exhaustive list.

- Physiotherapy
 - Occupational therapy
 - Speech and language therapies
 - Mental health therapies (non-drug)
 - Health and social care
 - Complementary therapies
 - Nutrition
 - Exercise, including dance
 - Technology and devices
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- The non-drug approaches grant scheme aims to test novel innovations such as apps, devices and exercise programmes which will directly improve quality of life for people living with Parkinson's . Applications related to improving healthcare services will not be considered in this scheme.
 - The duration of a non-drug approaches grant is for a maximum of 24 months.
 - There is no minimum value for the non-drug approaches grants, however, the maximum cost of applications is up to £200,000.
 - If the application involves a drug or preclinical testing, it should be submitted to the [project grant scheme](#).
 - If you have any queries on making an application in this area, please contact the team on researchapplications@parkinsons.org.uk prior to the submission deadline.
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- Applications that are not within the remit of non drug approaches, and do not contain a research element, will not be considered.

Other grant schemes to consider

Find out more about other [Parkinson's UK grant schemes](#).

The Excellence Network project grants scheme is for projects that aim to enhance the service of both health and care organisations for people with Parkinson's living in the UK. This could be through the development, testing or roll out of new clinical pathways or technology. Applications relating to the development of innovative healthcare frameworks, capacity building models and resources, clinical tools or data dashboards are welcome.

For more information, contact excellencenetworkgrants@parkinsons.org.uk.

Eligibility

- Applications must be directly relevant to people currently living with Parkinson's.
- Non-drug approaches grants are tenable at a UK university, NHS trust, statutory social care organisation or other UK research institution.
- Principal applicants should hold employment or honorary (if a clinical academic) contracts with the UK host institution that extend beyond the period of the grant.
- Principal applicants based at UK universities must hold a post at the equivalent status of lecturer or above.

- Principal applicants who are healthcare professionals must hold a post at a senior level, such as lead physiotherapist. Applicants should contact the [Research grants team](#) if they are unsure whether their post is of a suitable level.
- Applicants may be new to Parkinson's research, but the proposed team must include people with relevant Parkinson's expertise.
- Applicants may have previously spent time away from research (for example a career break, maternity / paternity leave, or long-term sick leave). Our reviewers will allow for this when the application is considered.
- Co-applicants and collaborators may be based at institutions outside the UK and / or at pharmaceutical or biotech companies. A maximum of five in total co-applicants / collaborators can be added to an application.
- If you have a lay co-applicant five or more co-applicants can be added to an application. A clear explanation is needed for their role within the project
- Please make sure you include all co-applicants and collaborators on your preproposal that would be included in a full application.
- Applicants should read [research grant terms and conditions](#) and the charity's [research grants costs guidance](#) before completing the application form.
- Applicants are also expected to ensure that they create a suitably diverse research team, taking into account issues such as race, ethnicity, gender, age, disability, sexual orientation, religion and belief. They will be asked to justify the team makeup in the application.
- Applicants should be directly relevant to the [charity's research priorities](#).

Application procedure

- There is one application round per year. Closing dates for preproposal and full proposals can be found on the [Parkinson's UK website](#).
- Deadlines may be subject to change. Any changes will be shared widely via the charity website and relevant newsletters.
- Applications must be submitted by 4pm on the deadline dates.
- All applications must be made in English.
- Application is by a two stage process, consisting of a preproposal and a subsequent full proposal.
- Pre proposal applications should be emailed to researchapplications@parkinsons.org.uk and will receive email confirmation of submission.
- The full proposal stage is by invitation only for those applicants who have passed independent scientific and lay review at the pre proposal stage.
- Full grant applications should be submitted to Parkinson's UK and are made through the charity's [online grant application system](#). Applicants will receive confirmation by email from the online applications system once a grant application is submitted.
- Applicants are not required to submit a hard copy application.
- In order to avoid formatting problems, text from other documents should be pasted into Notepad (or similar programme) before being copied into the online application form.
- Please make it clear if your project is a pilot study that requires future studies before it becomes available to people affected by Parkinson's.
- Applications should be balanced across all areas and not focused on any one in particular for example patient and public involvement.
- For the full application stage, CVs should be submitted using the [Parkinson's UK template](#) and no personal information such as home addresses etc, should be included.
- Details of any collaboration must be included and a letter confirming agreement from each

collaborator should be submitted.

- If the project includes work with patients, please ensure a letter of written support is supplied from a clinical collaborator.
- Appendices - for the preproposal stage you may submit up to two pages of figures and / or pilot data.
- Any relevant 'in press' articles should be attached as appendices.
- Covering letters are not required.
- Unless the charity requires further information, no correspondence will be entered into until the results are notified. Applicants are requested not to initiate contact with the Research team during the review process.
- At the preproposal stage, please include a plain English summary, scientific abstract, objectives, preliminary budget, project background, experimental plan and details of the research team. This information is submitted as part of an online application form.
- At the full application stage, please include the relevant information for your plain English summary including a lay abstract, project background and impact. The scientific research proposal should include the following information: background and plan of investigation which should explicitly cover study design, methods of data collection analysis and time schedule. The research proposal should be submitted as a PDF and should be no longer than 4,000 words. Research proposals longer than this will be rejected.

Costing the application

- Applicants must justify the funds requested.
- The research budget in the preproposal should be realistic and be within $\pm 10\%$ of the allowable costing in the full application. Please note, costings at this stage do not need institutional approval.
- Applicants who are successful at the preproposal stage will be invited to submit a full application.
- Applicants must apply for funding in British pounds sterling.
- Applicants should seek the advice of their institution's Finance or Research Office on costing the full application well in advance of the application deadline. When a full application is submitted via the online application system, it is sent directly to Parkinson's UK.
- In line with the Association of Medical Research Charities guidelines, Parkinson's UK will only reimburse directly incurred research costs for awarded grants as per the application submitted. Please read our [guidance on research costs](#).
- Staff costs: Basic salary should be stated for each individual. Provision for London weighting, superannuation and National Insurance should be shown separately in the space provided. An appropriate grading and salary must be quoted even where a named assistant cannot be specified; both grading and salary should have the approval of the appropriate administrative officer of the institution where the assistant would be employed. Parkinson's UK will not pay salaries for principal investigators, co-applicants or collaborators named on the funding applications unless their salaries are dependent on grant funding. In these cases the charity would require a letter from the Institute confirming this. If appropriate, applicants can apply for support costs for PhD students as outlined in the [research costs guidance](#). PhD positions must not be the primary position funded to work on the proposed research project but can be a secondary funded position as part of a wider project. As the award is for 24 months, the institution must agree to commit funds for the final year of a PhD studentship. A letter from the institution must be provided to demonstrate this commitment.
- Research expenses: Details must be given. Grants do not cover administrative expenses or costs for attending conferences. The charity funds UK based research posts only, however research expenses can be requested of up to £10,000 for overseas research work essential to the success of the proposed project. Detailed justification for this must be provided.

- Open Access Publications: Costs related to open access publishing may be included. Please see our guidance on [open access publishing](#). The costs requested must be fully justified.
- Patient and public involvement: Reasonable travel and refreshment costs for patient and public involvement advisors. Fair market value reimbursement for time and expertise. See the [research costs guidance](#)
- Equipment: Please specify each piece of equipment requested.
- You may include costs for any planned public and patient (PPI) activities in your application, for example travel expenses for a face-to-face meeting.
- Inflation: Inflation will not be paid in year one; inflation in years two and three is allowable up to 3%.

Review procedure

- Preproposals will be independently reviewed by three scientific members of our [College of Experts](#) and occasionally, additional experts, and a group of lay grant reviewers, who are people affected by Parkinson's..
- Full applications will be independently peer reviewed by three scientific members of our [College of Experts](#) and a group of lay grant reviewers, who are people affected by Parkinson's.
- The scores from the scientific reviewers and lay grant reviewers are given equal weighting in the assessment of grant applications
- All applications are reviewed using a ten point system, with 0=Unfundable and 10=Highly fundable / Highly competitive at International Standard (**see Appendix**).
- Applicants submitting preproposals with substantive scientific and lay merit will receive an email notification inviting them to submit a full application, which will include brief feedback from the scientific reviewers.
- Applicants submitting preproposals which lack scientific merit or which are scored unfavourably by people affected by Parkinson's, will receive an email stating they are not being invited to submit a full proposal and a brief statement on why they have been unsuccessful at this stage.
- Funded research should be in the best interests of people affected by Parkinson's, who are also a key audience for your research. A good plain English summary is essential for a successful submission, as the lay evaluation of applications depends on the lay grant reviewers being able to read and understand your application. The plain English language sections must use an appropriate level of lay rather than technical language and give a realistic representation of scientific sections of the project in terms of potential outcomes and timescales. We strongly recommend that applicants seek lay input on their plain English summary in advance of submitting your application. Applicants can request lay feedback on their plain English section prior to applying by contacting our [patient and public involvement](#) (PPI) programme at least three weeks prior to the application deadline.
- For full applications, the mean review scores from both the College of Experts scientific reviewers and lay grant reviewers will be used to identify a shortlist of highly ranked applications for further discussion at a panel meeting.
- Feedback from College of Expert scientific reviewers and lay grant reviewers will be sent to principal applicants of shortlisted applications and will be reviewed at the panel meeting. Applicants will have at least one week to reply to the queries raised or provide clarification. Principal applicants will receive an email alerting them to the timing of the 'right-to-reply' period. 'Right-to-reply' responses from applicants should be no longer than four sides of A4.
- The review panel of scientists from the College of Experts and lay grant reviewers will discuss, score and identify applications which they recommend for funding to the Parkinson's UK Chief Executive Officer.
- If it is not possible for the reviewers to make a decision based on the right to reply information, applicants may be invited to attend a virtual review panel meeting or workshop made up of College of

Experts members with the appropriate expertise, any other appropriate experts, and lay members who have reviewed the application. This meeting will be an opportunity to refine the proposed research project, and to address concerns raised by the reviewers, so as to maximise the potential impact of the funding. The panel will discuss the application with the applicants. The panel will then make recommendations for funding to Parkinson's UK Chief Executive Officer.

- Successful applicants may be given feedback from the panel meeting and the opportunity to respond and develop areas of the application, with input from appropriate experts as necessary.
- Funding may be awarded on the condition that particular areas of the application are developed as suggested by the funding panel.
- Successful applicants (grantholders) will submit annual and final reports as per the Parkinson's UK research grants terms and conditions, which will be reviewed by appropriate members of the College of Experts.
- **Applications will be judged by three scientific members of the College of Experts against the following criteria:**
 - importance and relevance of the research
 - potential impact of the research for people affected by Parkinson's
 - likelihood of the research being rolled out for people affected by Parkinson's
 - scientific quality of the proposal
 - quality of the researcher and team
 - diversity of the research team
 - value for money
 - budget and infrastructure
- **Applications will be judged by lay grant reviewers against the following criteria:**
 - the importance and relevance of the research for people affected by Parkinson's
 - the potential benefit of the research for people affected by Parkinson's
 - if the proposed research involves human participants, whether they think people would be likely to take part

Patient and public involvement

Applications must be driven by strong research evidence and supported by meaningful patient and public involvement (PPI). Applicants must work with people affected by Parkinson's in the development of an application in a way that adds value to the project and, if successful, throughout each stage of the research process. Patient and public involvement is essential in the non-drug approaches grant scheme.

We encourage applicants to involve people living with Parkinson's at the earliest stage of planning their research project. This could include in the identification and prioritisation of research questions, writing the plain English summary and shaping the study design and protocol. Parkinson's UK can support researchers to involve people affected by Parkinson's through our [patient and public involvement](#) programme, including by helping you to plan meaningful involvement activities and find people to involve.

People affected by Parkinson's have a significant role in the assessment of these applications, both at the preproposal and at the full application stage, so it is essential that the plain English sections of the application are in accessible language.

See our [PPI Guidance for researchers](#) for more information and get in touch with the team for support with PPI at researchinvolvement@parkinsons.org.uk

Remember to include costs for any planned PPI activities in your application, for example travel expenses for a face-to-face meeting. For further guidance, see INVOLVE's '[Budgeting for Involvement](#)' document and '[Cost Calculator](#)'.

Please also see the **patient and public involvement flow chart in the appendix** to this document, which illustrates how you can involve people affected by Parkinson's in every stage of your research.

Recruiting participants and staying connected

Parkinson's UK can help researchers [to find participants for their research studies](#).

We also recommend that researchers keep participants up to date with the progress of their study, as this makes them more likely to take part in future research and helps to increase the quality of your research. We have co-produced a communication [toolkit](#) with researchers and the Parkinson's community for you to use to stay connected with your participants. The toolkit is simple to use, free and was developed with the HRA (Health Research Authority) and RECs (Research Ethics Committees). Please contact participation@parkinsons.org.uk if you have any questions.

Equality, diversity and inclusion (EDI)

We welcome applications from people from all sections of the community, irrespective of race, ethnicity, gender, age, disability, sexual orientation, religion or belief. Please explain how you have considered these issues when creating a diverse research team. EDI data will be collected for all staff and students named in the research team as part of the charity's monitoring processes.

Parkinson's affects all sections of the community, irrespective of race, ethnicity, gender, age, disability, sexual orientation, religion or belief. If you are involving human participants, please address how these factors will be considered in your experimental plan.

We understand that different people choose different career paths, so we want to provide flexible research career opportunities. If you're funded by us, you can request flexible and part-time working. We always try to accommodate requests, as long as they fit in with the needs of employing organisations.

Unsuccessful applications

- Preproposal applications that are unsuccessful will receive brief feedback comments from the College of Experts scientific reviewers and lay grant reviewers..
- Full applications that are unsuccessful will be provided with comments from the combined reports of the College of Experts scientific reviewers and lay grant reviewers, and the review panel meeting discussions. No further discussion with Parkinson's UK staff or the College of Experts is allowed.

Further information and support

Read the slides from our [recent non-drug approaches workshop](#) for researchers and people affected by Parkinson's.

Visit the [Parkinson's UK YouTube channel](#) to see videos from people with Parkinson's, scientists and supporters, fundraisers and families, carers and clinicians. Impatient for change. We're taking a stand, speaking out, chipping in, and playing our part.

If you have further questions about making an application, please contact the Research grants team.

Email: researchapplications@parkinsons.org.uk

Appendix 1 - writing a research grant application

We only fund the best quality research so that every penny donated towards research will benefit people with Parkinson's. We receive a high volume of applications in each grant round, so it's vital that you make your application stand out from the crowd. Below are some tips and pitfalls to avoid when preparing your grant application to give yourself the best chance of success.

Make a good first impression

- Ensure that you are fully familiar with all sections of the 'Information for applicants' document.
- Read the Parkinson's UK research grant [terms and conditions](#) and [costs guidance](#) – make sure your requests are allowable by Parkinson's UK.
- Give all the information required in the correct format - Arial typescript, size 11pt.
- Ask at least one independent person to proofread your application – reviewers dislike typographical and grammatical errors.
- Ensure figures make sense and are correctly referenced in the text.
- Make sure everything in your research proposal is correctly referenced.
- Even if your ideas are excellent, a badly presented application may make reviewers wonder if this is an indication of how the research will be conducted.

Write a good plain English summary

- It is important that you think carefully about your lay reader when writing your plain English summary.
- Lay grant reviewers may have considerable personal experience of Parkinson's but little specialised scientific knowledge.
- The plain English summary must accurately reflect the research proposal and scientific abstract.
- Although the summary should be written in simple terms, please make sure that it contains enough detail for a lay grant reviewer to make an informed decision about the project.
- Applicants should be realistic about the potential outcomes of their research and the likely timescales involved.
- Avoid using jargon, abbreviations and technical terms wherever possible – if you have to use them provide a clear explanation and include a good glossary.
- Avoid complicated English or uncommon words.
- Avoid elaborate explanations of 'what is Parkinson's'. Lay grant reviewers are very likely to know a lot about this already but want to know about the particular research project.
- Use active not passive phrases, for example say 'we will do it' rather than 'it will be done by us'.
- Keep sentences short - try not to use more than 15 to 20 words per sentence.
- Break up the text, for example by using bullet point lists.
- If your study involves participants ensure you have included details of what will be involved for them and how they will be supported.
- Ask someone without a scientific background to read your draft and advise if anything is unclear.
- Applicants can request lay feedback on their plain English section by contacting our [patient and public involvement](#) (PPI) programme at least three weeks prior to the application deadline.
- You can find more tips on writing a good plain English summary on the ['make it clear' campaign](#).

Clearly demonstrate how your research relates to Parkinson's

- Parkinson's UK only supports research into Parkinson's and Parkinson's like disorders. We want to fund research that has the greatest chance of improving the lives of people with Parkinson's.

- Applications for lab-based projects must clearly demonstrate how their research relates to Parkinson's and how it could provide valuable insights for future research.
- Scientific and lay grant reviewers have a lot of knowledge of Parkinson's and will usually have considered many applications over the years. They expect applicants to demonstrate a good understanding of Parkinson's. Applicants whose expertise and publications record primarily relates to another field should seek to collaborate with relevant experts in Parkinson's and people affected by Parkinson's where necessary.
- Parkinson's UK will consider applications which may provide insights into a number of neurodegenerative conditions, but again you will need to show the particular relevance to Parkinson's.

Ensure your research proposal is clear and logical

- Make sure your hypotheses are clear and firm and are reflected clearly in the methodology.
- Consider the practical implications of people affected by Parkinson's in your research.
- Show how the various experiments and stages of proposed research relate to each other.
- Give clear information on what the outcome measures will be.
- Identify and address any potential challenges or pitfalls – what will you do if your first proposed experiment doesn't result in the outcome you expected? Or if you have challenges with recruitment or retention of participants?
- Provide sufficient detail on the experiments and how they will be carried out to show your understanding of what you're doing.
- Give realistic sample sizes and power calculations based on evidence.
- Clearly describe the future clinical benefits and timescales of practical improvements that could result from the research.
- Ensure your application includes details of how the results of your research will be made available to others.

Consider equality, diversity and inclusion in all aspects of your research

Parkinson's affects all sections of the community, irrespective of race, ethnicity, gender, age, disability, sexual orientation, socioeconomic group, religion or belief. To develop better treatments and improve life for everyone with Parkinson's, we need to include and consider everyone in research. There are also a broad range of factors that can impact the metabolism and response to treatments including physiology and genetics. These differences in response to treatments can be related to issues such as race, ethnicity and gender. Without a diverse group of individuals participating in research, researchers will not know if their results can be applied to all people equally. The social aspects of diversity also need to be considered, especially in relation to how this impacts on the way individuals are diagnosed and treated.

Parkinson's UK is committed to supporting research that is inclusive, in both design and practice, and gives appropriate consideration to equality, diversity and inclusion issues to be beneficial for everyone. Applicants are therefore asked to consider and explain how they have taken these factors into account in all relevant aspects of their work. This could include:

- Inclusive research design - When designing research projects, applicants must consider factors such as gender, age, ethnicity in their research questions, methods, implementation, outcomes and reporting.
- Participation and patient samples - Applicants must consider how they will ensure that the participant groups and patient samples used reflect the diversity of the population. Please refer to

the guidance produced by the NIHR INCLUDE project on [improving inclusion of under-served groups in clinical research](#).

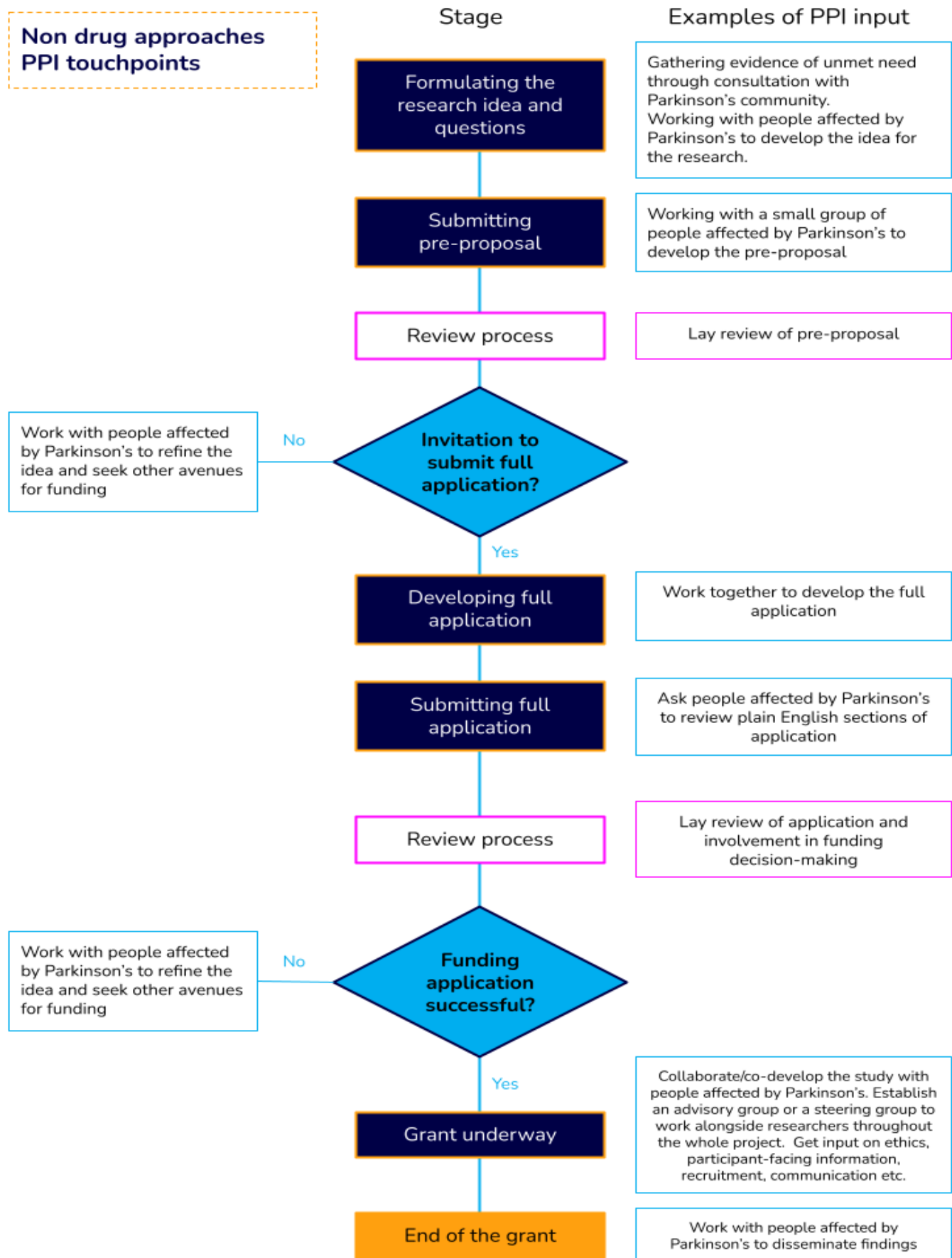
- Research team - Applicants should consider the expertise required to carry out inclusive research and the diversity of their team, including a balance of gender, ethnicity and career stage. Researchers from under-served groups are more likely to be familiar with, and motivated to develop solutions for, health issues facing the demographic groups to which they belong. If appropriate it may be helpful to include those researching social and health disparities in under-served groups in your team. When recruiting to your team you should consider diversity and follow best practice as advised by your Institution's HR department, including mitigating the impact of unconscious bias. It can also be helpful to consider how you will build an inclusive team environment where all feel valued and supported, with equal access to development opportunities.
- Patient and public involvement (PPI) - Applicants must consider how they will involve the Parkinson's community at all stages of their research. When planning involvement activities, applicants should consider diversity and take steps to ensure they are as inclusive and representative as possible.

Appendix 2 - 10 point scoring system used by the Parkinson's UK College of Experts

Funding category	Characteristics for Scientific Members	Rating scale	
Highly fundable	<ul style="list-style-type: none"> • Very important research questions; likely to result in advancement in the scientific understanding of Parkinson's or significant benefit for people affected by Parkinson's by addressing the priority research areas for improving everyday life. • Excellent and appropriate methods and research design. • Very strong, internationally competitive and diverse team, containing all relevant disciplines. • Very good value for money. • Clear and well written proposal. • Strong evidence of meaningful and well-planned patient and public involvement, with activities integrated at appropriate points throughout the project. • Plain English summary accurately reflects the research proposal and is realistic about potential outcomes and timescales involved. 	Exceptional	10
		Excellent quality research	9
		Very good, bordering on excellent	8
Potentially fundable	<ul style="list-style-type: none"> • Relevant research questions; likely to result in advancement in the scientific understanding of Parkinson's, or benefit for people affected by Parkinson's by addressing the priority research areas for improving everyday life. • Good quality and appropriate methods and research design. • Competent and appropriate diverse research team containing all key disciplines. • Good value for money. • All key aspects of application are clearly presented • Some evidence of patient and public involvement, with activities well planned and integrated at appropriate points. • Plain English summary accurately reflects the research proposal and is realistic about potential outcomes and timescales involved. 	Good quality research	7
		Above average quality research	6
		Acceptable quality	5
Not fundable (without significant changes)	<ul style="list-style-type: none"> • Research questions are not directly relevant to the scientific understanding of Parkinson's or do not address the priority research areas for people affected by Parkinson's. • Inappropriate methods and research design of only modest or poor quality. • Applicants without relevant research experience or key disciplines not represented. • Poor value for money. • Key elements of the application are unclear. • Limited evidence of patient and public involvement with unclear plans. • Plain English summary is unclear, does not accurately reflect the research proposal and is unrealistic about the potential outcomes and timescales involved. 	Borderline quality research	4
		Below acceptable quality	3
Definitely not fundable	<ul style="list-style-type: none"> • Irrelevant research questions. • Poor/flawed/duplicative methods and research design. • Key skills missing from the research team. • Very poor value for money. • Unclear application. • No or limited evidence of appropriate patient and public involvement in the research. • Plain English summary is unclear, does not accurately reflect the research proposal and is unrealistic about the potential outcomes and timescales involved. 	Many identified flaws	2
		Serious weaknesses or major concerns	1

The listed characteristics are for guidance only. The characteristics are general statements on the overall quality of the application in each funding category. They are not a checklist of minimum criteria for the funding category.

Non-drug approaches grants - information for applicants



Appendix 3 - Patient and public involvement support flowchart

Non-drug approaches grants - information for applicants